

STAYING

CONNECTED





Being connected to people is a good thing because it helps us feel safe, happy, and cared for. When we talk, listen, and help each other, we know we're not alone.



Staying connected helps families, friends, and neighbors take care of one another every day — and even more when something tricky, like a storm, happens.



HOW WE STAY IN TOUCH

Color in the pictures to bring how we communicate to life



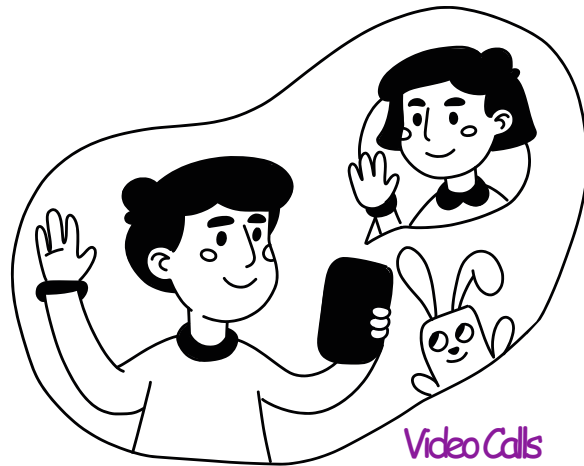
Phone Calls



Face to Face



Written Note



Video Calls

People share messages in many ways. We can talk and listen, use our faces and hands, write words, or look at pictures and signs. Using different ways to communicate helps everyone understand and feel included.

During storms, staying connected helps everyone know they are not alone

FEELINGS CHECK

Match the face to how they are feeling. 😊



Happy

Scared

Calm

Checking on someone else helps us see how they're feeling and lets them know they are cared for and not alone.

ISLAND HELPER PROMISE

"I can help by listening,
sharing messages, and being
kind.

Staying connected helps my
family and my island."

